

Registration Form

Iowa Psychiatric Society
Spring Meeting - April 10, 2010

Name _____

Degree _____ Specialty _____

Address _____

City _____ State/Zip _____

Phone _____

Email _____

Registration Fees

IPS Member..... \$125

Nurses/PAs/Allied Health..... \$100

Physician, Non-IPS Member \$150

Resident/Medical Student No Charge

Late Fee, After March 26, 2010 @\$25

____ Extra Lunch Ticket \$30 each

____ I would like a vegetarian entrée for lunch.

Method of Payment

Enclosed is a check made payable to
Iowa Psychiatric Society in the amount of
\$ _____

Please charge my credit card

____ MasterCard ____ Visa

Please print:

Cardholder Name _____

Credit Card Number _____

Exp Date _____

Cardholder Signature _____

Amount _____

Three Ways to Register:

 Mail, Phone or Fax

Iowa Psychiatric Society

2643 Beaver #338

Des Moines, IA 50310

Phone: 515-633-0341

Fax: 515-277-6030

Email: iowapsych@qwestoffice.net

For additional information on this program please visit

www.iowapsych.org

The Iowa Psychiatric Society requests this information for the purpose of processing your registration. No persons outside the Society staff are routinely provided this information.

PURPOSE

Depression. Mania. Grief. Adjustment. Dysthymia. These symptoms and disorders can occur at any age, but may have different presentations and even different effective treatments depending upon a patient's stage of life. In this conference, we will examine the latest research and the current standards of practice leading the the successful diagnosis and treatment of mood disorders at any age and in different populations.

Intended Audience

This program will be of particular interest and importance to psychiatrists, family practice physicians, pediatricians, psychiatric nurses, physician assistants, social workers, psychologists and others who work in the mental health area.

Educational Objectives

Upon completion of this conference, the participants should be able to:

- Identify all forms of mood disorders diagnosed across the life cycle.
- Explain the history of mood disorder diagnosis in children and geriatric populations.
- Identify barriers to diagnosis and symptoms that mimic mood disorders.
- Differentiate between childhood Bipolar disorder and other childhood diagnoses.
- Describe how childhood mood disorders differ from adult mood disorders.
- Discuss the treatment of mood disorders including:
 - o identify the relative risks and benefits of antidepressant treatment related to suicidal behavior;
 - o be proficient in recognizing and managing serotonin syndrome; describe the most common side effects of antidepressants.
- Recognize specific concerns regarding mood disorders in adult veterans including:
 - o identify the unique qualities of combat induced PTSD;
 - o understand the frequency and nature of co-morbid depression/suicide in returning veterans;
 - o evaluate the frequency and nature of co-morbid substance abuse in returning veterans;
 - o apply the treatments for this combination of psychopathologies.

Iowa Psychiatric Society Spring Meeting
Mood Disorders Through the Life Cycle
Saturday April 10, 2010



Iowa Psychiatric Society
2643 Beaver, #338
Des Moines, IA 50310

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IOWA PSYCHIATRIC SOCIETY

Spring Meeting



MOOD DISORDERS THROUGH THE LIFE CYCLE

Saturday, April 10, 2010

Hilton Garden Inn
8600 Northpark Dr.
Johnston, Iowa

Jointly Sponsored by:



*University of Iowa Roy J.
And Lucille A. Carver
College of Medicine,
Department of Psychiatry
And the Iowa Psychiatric Society*

GENERAL INFORMATION

Hilton Garden Inn

8600 Northpark Drive
Johnston, Iowa 50131

The hotel is located just off I-80/I-35 and 86th Street in Johnston.

The room rate is \$89/night excluding tax. A block of rooms will be held until March 17, 2010 under the conference title "Iowa Psychiatric Society". Please call (515) 270-8890.

Discrimination Policy

Discrimination Policy: The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, (319) 335-0705.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at 319/335-8599.

Registration

The registration fee includes the seminar, CME and CEU, continental breakfast, breaks and lunch. A late fee of \$25 will be charged for registrations after March 26, 2010.

Refunds

The full registration fee is refundable if inability to attend is made known on or before March 26, 2010.

CONTINUING EDUCATION CREDIT

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Iowa Roy J. and Lucille A. Carver College of Medicine and the Iowa Psychiatric Society. The UI Carver College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Physicians: The University of Iowa Carver College of Medicine designates this educational activity for a maximum of 5.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses: This program is offered in cooperation with Des Moines Area Community College, Iowa Board of Nursing approved provider, #22. Participants will receive .54 Continuing Education Units (CEUs) or 5.4 contact hours. Full attendance required. No partial CEU's granted. Certificates will be mailed.

Social Workers: The Iowa Board of Social Work Examiners no longer requires prior approval for continuing education programs. It is left up to each social worker to follow the criteria in the administrative rules pertaining to continuing education.

Psychologists: The Iowa Board of Psychology Examiners no longer requires prior approval for continuing education programs. It is left up to each psychologist to follow the criteria in the administrative rules pertaining to continuing education.

PROGRAM SCHEDULE

- 8:00 am ... **Registration/Continental Breakfast**
- 8:25 am.... **Welcome and Introductions**
Robert E. Smith, MD
IPS President
- 8:30 am... **Mood Disorders in Childhood and Adolescence**
Christopher G. Okiishi, MD
- 10:00 am.. **Break**
- 10:15 am.. **Mood Disorders in Later Life**
Judith HW Crossett, MD, PhD, DFAPA
- 11:45 am.. **Lunch**
- 12:45 pm.. **Antidepressant Complications From Suicidality to Serotonin Syndrome; How Worried Should We Be?**
Douglas F. Steenblock, MD
- 1:30 pm.... **Recent Combat Veterans: PTSD, Depression and Substance Abuse in This Population**
Robert E. Smith, MD
- 2:15 pm.... **Question and Answer Forum**
Christopher G. Okiishi, MD
- 2:45 pm.... **Adjourn**

PROGRAM FACULTY

Judith HW Crossett, MD, PhD, DFAPA

Director, Geriatric Psychiatry
Clinical Professor
University of Iowa, Department of Psychiatry

Christopher G. Okiishi, MD

Child and Adolescent Psychiatrist
Meadowlark Psychiatric Services

Robert E. Smith, MD

Psychiatrist,
VA Medical Center, Iowa City
Associate Clinical Professor
University of Iowa, Department of Psychiatry

Douglas F. Steenblock, MD

Staff Psychiatrist
Iowa Veterans Home

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DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.